



Apps for Parents

- **Babies on the Homefront:** Designed specifically for military and veteran parents of young children. The app, made possible by the Robert R. McCormick Foundation, offers an array of written and video information to share with families, including behavior tips, parent-child activities, and parental self-care strategies.
- **WebMD Baby** - Access hundreds of articles and videos developed and approved by WebMD doctors and manage infant schedules for sleeping, feeding, growth and more.
- **BabyBump Pregnancy Pro**– This app features pregnancy forums, a countdown, daily and weekly info & images, journal & weight tracker, graphical charts, photo library and more.
- **Daily Broadcast by Focus on the Family** – Get a daily broadcast of family advice and encouragement.
- **Daily Vroom-** This is an application that helps busy parents make the most of the time they have. Turn fun, everyday moments into brain building moments. This is made possible through the Bezos Family Foundation.
- **FBI Child ID-** Created by the Federal Bureau of Investigation, this app lets parents store their children's photos plus other identification (height, weight, hair and eye color, age) for quick access if a child ever goes missing. The information is stored on the mobile device only until parents need to send it to authorities.
- **FirstYear** - Designed specifically for baby's first year, this app provides a baby tracker, a breastfeeding/nursing timer, bottle feeding record, sleep, diaper and milestone log, as well as a growth chart for newborns.
- **Child Health Tracker From HealthyChildren.org** – By American Academy of Pediatrics. Key articles and videos are available including Healthy Children E-Magazine as well as full access to the HealthyChildren.org site when connected to the Internet. Quick tools are available and include how to find a Pediatrician by location.
- **iHomeopathy LITE-** iHomeopath helps find the right remedies for everyday illnesses and injuries.
- **My Baby Today** – My Baby Today allows parents to track their baby's day-to-day development and learn tips about safety, health and happiness!

- **MyMedela** - MyMedela allows parents to track their baby's feeding. This app offers nursing tips and product suggestions all while helping parents track their baby's key activities and growth.
- **School A to Z**– A practical help for parents app. School A to Z helps to answer a student's homework and gives project suggestions on a variety of topics.
- **SmartMom: A Social Parenting Advice Community** – Get great advice from other moms, ask questions and share advice.
- **The Baby Owner's Data Tracker** - The Baby Owner's Data Tracker app—based on *The Baby Owner's Manual*, by Louis Borgenicht, MD, and Joe Borgenich—helps keep track by recording your baby's height and weight (in comparison to average percentiles) and tracking sleep and feeding schedules. All recorded information can be easily shared with a pediatrician or friends and family.
- **Today's Parent My Family**- Based on your child's age, this app allows parents access to a newsfeed of health information, recipes, fun activities and news about your child's development. Other tools include Potty Pal, a feeding log and Nap Tracker.
- **Understanding Child Development for 0-6 Years**- This application is designed to ensure that social workers, those who work in early years, professionals and parents have instant access to high quality information on child developmental norms relevant to the 0-6 year's age group
- **Yugger, Fun Activities for Kids and Family**: Discover child and family friendly activities in your local area.
- **Zero To Three-Let's Play**- Let's Play is a free parenting app from ZERO TO THREE with fun activities, organized by age and routine, for parents to use to support their young child's early learning

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